



Hunterdon Healthcare

Your full circle of care.

Hunterdon Health & Wellness Centers
of Clinton and Whitehouse Station



LES MILLS **BODYCOMBAT** For Young Women in Motion

STRONG + ENERGIZED + EMPOWERED

Mixed Martial Arts "Work-UP" Set to Fun and Dynamic Music
Saturdays 10:30 to 11:30 at Whitehouse Station Wellness Center

4 Classes/\$40 ~ March 9th to March 30th

Includes **1 MONTH MEMBERSHIP** to the Hunterdon Health and Wellness Centers
(You can try other classes, use the lap pool, indoor track and exercise equipment)



A work UP... will make you feel stronger and fitter!

A work UP... is positive and encouraging!

Say YES to a Work UP...

Say YES to Feeling Energized and Empowered ...

Say YES to a Fun Time ...

Sign Up Today

Call 908-534-7600