

**Clinton Public School**  
**2017 5<sup>th</sup>- 8<sup>th</sup> Grade National Archery in the Schools Program (NASP) Club**

**To Parents/ Guardians of 5<sup>th</sup> - 8<sup>th</sup> grade students:**

CPS is proud to introduce an Archery Club to our 5<sup>th</sup> - 8<sup>th</sup> grade students!

**The club will meet in the gym on:**

**Tuesdays: 7:30-8:30 a.m.: January 24 - March 14**

**Fridays: 7:30-8:30 a.m.: January 27 & February 3**

**Thursdays: 3:00-4:30 p.m.: February 9 - March 16**

Early in March, our top 24 archers will have the opportunity to compete in the NJ NASP State Tournament. Last year we had two archers qualify for Nationals and both our elementary (5<sup>th</sup> grade archers) and middle school (6<sup>th</sup>- 8<sup>th</sup> grade archers) teams placed 3<sup>rd</sup> in the State!



**WHAT IS NASP?**

The National Archery in the Schools Program (NASP) brings the sport of archery to millions of students in schools across the United States. Designed to teach international-style target archery in 4th-12th grades, the core content covers archery history, safety, technique, equipment, mental concentration, and self-improvement. The NASP archery curriculum is aligned to National Physical Education Standards and can be run safely in a school gymnasium. No prior archery experience is necessary for students.

**CHANGING LIVES ONE ARROW AT A TIME...**

Many of the activities in physical education classes favor the strongest, fastest, and most coordinated students. Archery is a life-long sport that circumvents traditional barriers to engage students of all genders, physical abilities, and backgrounds, even aiding participation in students with disabilities. Archery is a physical activity in which boys and girls can participate together and puts athletes and non-athletes on a level playing field.

The National Archery in the Schools Program routinely transforms previously unreachable "high risk" students by unlocking self-esteem and transforming individual lives forever.

## WHY NASP WORKS

Nearly everyone can succeed at archery. Kids love archery, and archery helps kids excel. Statistics show that school archery programs:

- Improve school attendance
- Increase self-esteem
- Increase physical activity
- Relate to subject matter
- Appeal to all students
- Get kids out-of-doors

## WHO PARTICIPATES IN NASP?

- In the 2012-2013 school year, 2,486,550 students participated in NASP throughout the country. That involves more children than Little League baseball and is three times larger than lacrosse! NASP has taught target archery to more than 10 million students in 47 states and continues to grow.
- In New Jersey, teachers in more than 170 schools have been trained to conduct NASP archery programs in Physical Education classes and after school.

## IS ARCHERY SAFE?

Archery's safety record is better than that of every ball sport taught in schools except table tennis. Equipment used is state-of-the-art and a universal fit so every student can safely use the same bows and arrows. Please go to the following links for additional information regarding NASP:

[NJ NASP Promotional Video](http://www.njfishandwildlife.com/nasp_video.htm) [http://www.njfishandwildlife.com/nasp\\_video.htm](http://www.njfishandwildlife.com/nasp_video.htm)

[NJ NASP Webpage](http://www.njfishandwildlife.com/nasp.htm) <http://www.njfishandwildlife.com/nasp.htm>

[National NASP Webpage](http://www.naspschools.org) <http://www.naspschools.org>

## HOW DOES MY STUDENT JOIN THE CPS ARCHERY CLUB?

***Please complete the attached forms and return to Mrs. Bulger or Mr. Bidwell by January 20. Your student may participate once ALL paperwork is completed!***

- NJ NASP Program Consent form
- CPS Sports Permission form
- 5<sup>th</sup> - 8<sup>th</sup> grade Extra-Curricular Activity Dismissal form (for p.m. archers)

CPS Archery Advisors

Tim Bidwell [tbidwell@cpsnj.org](mailto:tbidwell@cpsnj.org)

Mary Bulger [mbulger@cpsnj.org](mailto:mbulger@cpsnj.org)

**Parental/Guardian Consent and Release for NASP Program Participation**

I, \_\_\_\_\_, do hereby consent  
(Name of Parent/Legal Guardian)

to allow \_\_\_\_\_ ( Student Name)  
to participate in the National Archery in the Schools program, and in the event of  
injury or accident to my child, do hereby release, discharge, absolve and hold  
harmless National Archery in the Schools Program, State of New Jersey,  
Department of Environmental Protection, NJ Division of Fish and Wildlife, and  
Clinton Public School, its officers, employees, volunteers, leaders, instructors, and  
coaches from any and all liability or responsibility thereof, from this date to the  
end of time.

\_\_\_\_\_  
(Signature of Parent/Legal Guardian)

\_\_\_\_\_  
(Date)

