

# *Maschio's Food Services, Inc.*

August 15, 2012

Dear Clinton Public Families,

This fall, Clinton Public school cafeteria is meeting strict new federal nutrition standards for school meals, ensuring that meals are healthy and well-balanced and provide students all the nutrition they need to succeed at school. Now is a great time to encourage your children to choose school lunch!

School meals offer students milk, fruits and vegetables, proteins and grains, and they must meet strict limits on saturated fat and portion size. Starting in School Year 2012-2013, school lunches will meet additional standards requiring:

- **Age-appropriate calorie limits**
- **Larger servings of vegetables and fruits (students must take at least one serving of produce)**
- **A wider variety of vegetables, including dark green and red/orange vegetables and legumes**
- **Fat-free or 1% milk (flavored milk must be fat-free)**
- **More whole grains**
- **And less sodium**

We will be working to offer Clinton Public students healthier and tastier choices. Maschio's registered dietitians and corporate chefs are proud to present the new "Seasonal Menus" this school year. Maschio's Farm to School Program partners with numerous local farms to provide fresh from the farm produce to the students' lunch tray. Maschio's is also proud to announce the Chef to School Program that has been very successful in providing creative menu choices and interaction with the students.

School meals are a great value and a huge convenience for busy families too!

We look forward to welcoming your children to the cafeteria this fall. To find out more about Clinton Public's healthy school menu, please visit the school's website. Maschio's website is [www.maschiofood.com](http://www.maschiofood.com) where you can view information about Maschio's in addition to nutritional information about the products we serve. Please feel free to visit [www.TrayTalk.org](http://www.TrayTalk.org) to get the facts about school meals.

Thank you.

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